

Menu

Couvert

01	Pão com manteiga <i>Bread and butter</i>	1,80€
02	Pão com alho <i>Garlic bread</i>	2,40€
03	Pão com alho e queijo <i>Bread w/ garlic and cheese</i>	3,30€
04	Pão com alho, queijo e bacon <i>Bread w/ garlic, cheese and bacon</i>	4,60€




Entradas | Antipasti | Starters

05	Cogumelos com alho <i>Mushrooms w/ garlic</i> 	6,20€
06	Cogumelos à "La Barca" com alho e bacon <i>Mushrooms "La Barca" w/ garlic and bacon</i>	6,40€
07	Cogumelos à "Milanesa" <i>Mushrooms "Milanesa" w/ mincemeat bechamel sauce and cheese</i>	6,40€
08	Tomate com mozzarella fresca <i>Tomato w/ fresh mozzarella</i> 	6,90€
09	Melão com presunto <i>Melon w/ smoked ham</i>	9,20€
10	Figos com presunto <i>Figs w/ smoked ham</i>	9,90€
11	Abacate com camarão <i>Avocado and prawns w/ pink sauce</i>	9,80€
12	Cocktail de camarão <i>Prawn cocktail w/ pink sauce</i>	8,50€
13	Queijo de cabra <i>Goat cheese w/ balsamic vinaigrette and toast</i> 	6,20€
14	Amêijoas "La Barca" (azeite, alho e coentros) <i>Clams w/ garlic, coriander in olive oil and white wine sauce</i>	23,50€
15	Camarão à "La Barca" <i>"La Barca" prawn w/ spicy garlic in olive oil and white wine sauce</i>	18,90€
16	Salmão Alasca, salmão fumado c/ tosta <i>Salmon Alasca, smoked salmon on toast</i>	14,50€
17	Carpaccio Manzo (carne de vitela c/ parmesão e rúcula) <i>Carpaccio Manzo (veal meat w/ parmesan and rocket)</i>	13,20€

Sopas | Soups

18	Sopa Minestrone <i>Minestrone soup</i>	3,20€
19	Sopa de tomate <i>Tomato soup</i>	3,40€
20	Sopa de cebola <i>Onion soup</i>	3,20€

Saladas | Insalate | Salads

21	Salada de frango, c/ tomate, cebola, frango, pimento, pepino, alface, ovo e maionese <i>Chicken salad, w/ tomato, onion, chicken pepper, cucumber, lettuce, egg and maionese</i>	7,90€
22	Salada de atum, c/ tomate, cebola, pimento, alface, atum, pepino, azeitonas, ovo e maionese <i>Tuna salad, w/ tomato, onion, pepper, lettuce, tuna, cucumber, olives, egg and maionese</i>	8,20€
23	Salada de camarão, c/ tomate, cebola, pimento, pepino, alface, camarão e molho rosa <i>Prawn salad, w/ tomato, onion, pepper, lettuce, cucumber, lettuce, prawn and pink sauce</i>	15,80€
24	Salada "La Barca", com abacate, nozes, framboesas, alface, queijo gorgonzola e feta 	15,90€
25	Salada mista, c/ tomate, cebola, pimento, pepino e alface 	4,90€
26	Salada de tomate, c/ tomate e cebola <i>Tomato salad, w/ tomato and onion</i> 	4,90€

Peixe | Fish

- 27 Salmão grelhado, c/ legumes, e batatinha cozida | *Grilled salmon w/ vegetables and new potatoes* 22,50€

Bife | Fillet Steak

- 28 Tornado, com alho, batata frita e salada | *Garlic fillet steak, w/ french fries and salad* 24,90€
- 29 Tornado "La Barca", c/ molho de natas, fiambre, queijo, ovo, batata frita e salada
Fillet steak "La Barca", w/ cream sauce, ham, cheese, fry egg, fries and salas 25,10€
- 30 Tornado com cogumelos, c/ batata frita e salada
Fillet steak w/ mushrooms sauce, fries and salad 24,90€
- 31 Tornado pimenta, c/ batata frita e salada
Fillet steak with pepper sauce, fries and salad 24,90€
- 32 T-BONE STEAK, c/ batata frita e salada
T-BONE STEAK w/ fries and salad 26,90€

- Hamburguer com batata frita e salada | *Burger w/ French fries and salad* 14,90€

Carne de Porco | Pork Fillet

- 33 Scaloppine c/ alho (escalopes de porco) | *Pork fillet w/ garlic* 14,50€
- 34 Scaloppine em vinho branco (escalopes de porco c/ esparguete)
Pork fillet in white wine source and spaghetti 15,60€
- 35 Scaloppine bolonhesa (lombo de porco c/ molho bolonhesa, espaguete, fiambre e queijo)
Pork fillet w/ bolognese sauce, ham, cheese and spaghetti 16,60€




Frango | Chicken

- 36 Peito de frango c/ molho de natas, cogumelos e batata frita
Chicken breast in mushroom cream sauce and freis 16,10€

La Pizza

- Todas as nossas bases de pizza são feitas com massa fresca, estaladiça e um delicioso molho de tomate -
- All our pizzas are made with fresh, crispy dough and a delicious tomato sauce -

- 37 Margarita  9,10€
molho de tomate e queijo | *tomato sauce and cheese*
- 38 Vezuvio 9,40€
queijo e fiambre | *cheese and ham*
- 39 Al Funghi  10,40€
queijo e cogumelos | *cheese and mushrooms*
- 40 Quattro stagioni 14,70€
queijo, camarão, fiambre, cogumelos e mexilhão | *cheese, prawns, ham, mushrooms and mussels*
- 41 Capricciosa 12,90€
queijo, fiambre e cogumelos | *cheese, ham and mushrooms*
- 42 Bolognese 12,90€
queijo, carne picada, fiambre e cebola | *cheese, mincemeat, ham and onion*
- 43 Salame 13,40€
queijo, salame, pimentos e cebola | *cheese, salami, pepper and onion*
- 44 La Barca 14,50€
queijo, fiambre, camarão, salame, bacon, cogumelos e cebola
cheese, ham, prawns, salami, bacon, mushrooms and onion
- 45 Pescatore 13,80€
queijo, atum, cebola e azeitonas | *cheese, tuna, onion and olives*

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| 46 | Caprese  | 14,10€ |
| | mozzarella, queijo búfala, tomate cherry, pesto e rúcula
<i>mozzarella, buffalo cheese, cherry tomatoes, pesto and rocket</i> | |
| 47 | Hawai | 13,10€ |
| | queijo, fiambre, milho e ananás <i>cheese, ham, sweet corn and pineapple</i> | |
| 48 | Pepperoni | 13,90€ |
| | queijo, pepperoni, cogumelos e cebola <i>cheese, pepperoni, mushrooms and onion</i> | |
| 49 | Vegetariana  | 13,40€ |
| | queijo, cogumelos, pimentos, cebola, azeitonas e rúcula
<i>cheese, mushrooms, pepper, onion, olives and rocket</i> | |
| 50 | Quattro formaggi | 13,10€ |
| | 4 queijos - <i>4 cheeses</i> | |
| 51 | Napolitana | 13,80€ |
| | queijo, anchovas, alcaparras e azeitonas <i>cheese, anchovies, capes and olives</i> | |
| 52 | Salómio | 13,90€ |
| | queijo, cogumelos, fiambre, pepperoni, bacon, ovo e cebola
<i>cheese, mushrooms, ham, pepperoni, bacon, egg and onion</i> | |
| 53 | Pizza do chef | 14,80€ |
| | queijo, fiambre, cogumelos, camarão, passas e pinhões
<i>cheese, ham, mushrooms, prawns, raisins and pine nuts</i> | |
| 54 | Tropical  | 13,40€ |
| | queijo, maçã, ananás, morangos e banana <i>cheese, apple, pineapple, strawberries and banana</i> | |
| 55 | Florença | 14,20€ |
| | queijo, frango, cogumelos, molho bechamel, natas e banana
<i>these, chicken, mushrooms, bechamel sauce, cream and banana</i> | |
| 56 | Romana | 14,30€ |
| | queijo, presunto, cebola e ovo <i>cheese, smoked ham, onion and egg</i> | |
| 57 | Figos e presunto | 14,90€ |
| | queijo, figos e presunto <i>cheese, figs and smoked ham</i> | |
| 58 | Siciliana | 14,20€ |
| | queijo, fiambre, bacon, anchovas, cebola e pepperoni
<i>cheese, ham, bacon, anchovies, onion and pepperoni</i> | |
| 59 | Frutti di mare | 14,80€ |
| | queijo, camarão e mexilhão <i>cheese, prawn and mussel</i> | |
| 60 | Presunto Parma | 22,50€ |
| | tomate cherry, rúcula, parmesão, balsâmico e presunto serrano
<i>cherry tomatoes, rocket, parmesan, balsamic and serrano ham</i> | |

Ingredientes extra | Extra ingredients
1€ - 3€

Calzone

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| 61 | Calzone | 12,50€ |
| | queijo, fiambre e ovo <i>cheese, ham and egg</i> | |
| 62 | Calzone speciale | 14,90€ |
| | queijo, fiambre, pepperoni, salame, pimentos, cebola, cogumelos e ovo
<i>cheese, ham, pepperoni, salami, pepper, onion, mushrooms and egg</i> | |
| 63 | Calzone de frango Chicken calzone | 14,80€ |
| | queijo, frango, natas, cogumelos e ovo <i>cheese, chicken, cream, mushrooms and eggs</i> | |

Pastas - Spaghetti



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| 64 | Spaghetti bolognese | 12,10€ |
| | carne picada e delicioso molho de tomate <i>mincemeat in delicious tomato sauce</i> | |
| 65 | Spaghetti carbonara | 12,90€ |
| | ovo, queijo parmesão, bacon e natas <i>egg, parmesan cheese, bacon and cream</i> | |
| 66 | Spaghetti frutti di mare | 18,90€ |
| | camarão, mexilhão, amêijoas delicioso molho de tomate
<i>prawn, mussels, clams, and a delicious tomato sauce</i> | |

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| 67 | Spaghetti alle vongole
amêijoas, azeite, alho e coentros <i>clams, olive oil, garlic and coriander</i> | 24,50€ |
| 68 | Spaghetti alasca
salmão fumado, caviar e natas <i>smoked salmon, caviar and cream</i> | 21,50€ |
| 69 | Spaghetti com camarão Spaghetti with prawns
azeite, alho e camarão <i>olive oil, garlic and prawns</i> | 19,50€ |

Fettuccine

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| 70 | Fettuccine carbonara
ovo, queijo parmesão, bacon e natas <i>egg, parmesan cheese, bacon and cream</i> | 13,10€ |
| 71 | Fettuccine di mare
camarão, mexilhão, amêijoas, e delicioso molho de tomate
<i>prawn, mussels, clams in a delicious tomato sauce</i> | 18,90€ |
| 72 | Fettuccine romana
frango, vinho branco, molho de tomate e manjerição <i>chicken, white wine, tomato sauce and basil</i> | 14,20€ |


Ravioli

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| 73 | Ravioli de carne
molho de tomate e carne <i>tomato sauce and meat</i> | 13,90€ |
| 74 | Ravioli de espinafres 
Molho de tomate e espinafres <i>tomato sauce and spinach</i> | 13,90€ |
| 75 | Ravioli de cogumelos 
molho de tomate e cogumelos <i>tomato sauce and mushrooms</i> | 13,90€ |


Penne

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| 76 | Penne arrabbiata
molho de tomate picante, anchovas, bacon e queijo parmesão
<i>spicy tomato sauce, anchovies, bacon and parmesan cheese</i> | 14,10€ |
| 77 | Penne americana
molho de tomate, pepperoni, frango e pimentos <i>tomato sauce, pepperoni, chicken and peppers</i> | 14,10€ |

Lasagne feita c/ massa fresca | *homemade fresh pasta*

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| 78 | Lasagne bolognese
molho de carne, bechamel e queijo <i>meat sauce, bechamel and cheese</i> | 12,80€ |
| 79 | Lasagne de frango Chicken
molho de tomate, bechamel, frango, cogumelos e queijo
<i>tomato sauce, bechamel, chicken, mushrooms and cheese</i> | 12,80€ |
| 80 | Lasagne vegetariana 
bechamel, tomate, brócolos, beringela, curgete e queijo
<i>bechamel, tomato, broccoli, aubergine, courgette and cheese</i> | 12,80€ |

Canelone

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| 81 | Canelone de carne
molho de carne, bechamel e queijo <i>meat sauce, bechamel and cheese</i> | 12,80€ |
| 82 | Canelone vegetariano 
bechamel, tomate, brócolos, beringela, curgete e queijo
<i>bechamel, tomato, broccoli, aubergine, courgette and cheese</i> | 12,80€ |

Menu de criança - Kids Menu

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| 83 | Douradinhos com batata frita <i>fish fingers w/ fries</i> | 7,10€ |
| 84 | Nuggets de frango com batata frita <i>chicken nuggets w/ fries</i> | 7,10€ |

