

CARVOEIRO CLUBE GROUP

CARVOEIRO CLUBE DE TÊNIS 60

Tennis, Fitness & Leisure

Todos os desportos. Established over 30yrs, Carvoeiro Clube de Tênis is one of the largest, most famous tennis clubs in the Algarve. Offering exactly the courts you're looking for: 8 Hard Australian blue (5 floodlit), 2 AstroTurf (floodlit) & 5 mini for social or official Tennis Federation tournaments. The place to go for all your fitness needs: offering a variety of group activities, including fitball, zumba, aerobics, pilates, yoga & many more. Large air conditioned studio, the perfect environment for you to enjoy your workout, open to members, guests & nonmembers alike. A fully equipped 500m2 gym, with a variety of equipment including cardio, resistance & free weights. Their highly qualified, professional trainers will cater for all your needs. **Weight loss, fitness, body building, whatever your goal, their staff will help you achieve it.**

Tel. 282 358 236. tenniscarvoeiro.com geral@tenniscarvoeiro.com

RESTAURANT TRATTORIA OLIVEIRA 61

Restaurant Trattoria Oliveira is well worth finding, in the heart of Quinta do Paraíso resort. Dine inside this cosy restaurant or under stars beneath the century old olive tree, on the garden terrace. They offer the finest pizzas & pastas, as well as your favourite Portuguese dishes. Try the house specialities such as chicken pri-pri served by their friendly team. A very warm welcome is always guaranteed. Open: breakfast: 8-10:30am, dinner: 6:30-10pm. Tel. 282 350 120. Opposite Quinta do Paraíso reception.

VALE DE MILHO GOLF 71

A Fun Challenge For Everyone
Um Desafio Divertido Para Todos!

Tel. 282 358 502

Rake Rates: 9 holes €16 - 18 holes €24
4 or more players 5% discount
Juniors (under 14): 9 holes €12 - 18 holes €19
Club hire: 9 holes €8 - 18 holes €14 - Trolleys: €3

reservas@valedemilhogolf.com GPs: N37° W8.44837°

THE SMOKEHOUSE & TAPAS BAR 72

Family run establishment serving their own Smoked Specialities, Barbecued Meats & Tapas. Open daily during winter 9:30am - 5pm 'ish for breakfast, lunch, drinks, coffee & cake etc. Live Sports shown at the weekend. Daily: Special night & themed evenings, starting in Dec. Keep an eye on thesmokehousealgarve.com

Party Bookings & Private Villa Catering - talk to them!
Tel. (+351) 927 182 335. thesmokehouseandtapasbar@gmail.com

LUX GOURMET BURGERS & MORE 73

The new place to go in Ferragudo. Choose from over 16 different luscious burgers, delightful salads & tasty pastas. Wonderful weekly specials. Relaxed atmosphere, close to the sea. Open lunch & dinner, closed Sun. & Mon. **Not to be missed.**

Tel. (+351) 282 352 061 or 926 823 650.
luxgourmetburgersandmore@gmail.com

LAGOA

Everything Tried & Tested by FREEMAPS!

FREEMAPS COLOUR KEY

Restaurants: 1 Beauty & Health: 1 Golf: 1
Bars*: 1 Shops: 1 Services: 1 Activities: 1

*Many of our featured Bars also serve excellent food.

CHILL RESTAURANT 64

Worth the trip to this cool, welcoming, restaurant. Try their NEW DISHES: prawns in ginger & honey sauce, spicy black linguini with seafood, penne al forno, 4 cheeses & walnuts, also pizza on the board. New Saturday night Mexican menu. Lunch specials plus full à la carte menu. Desserts try their delicious selection of cakes, petit gateaux or tiramisu etc. **Extremely reasonable prices.** Meals 12-3pm, 6:30-10:30pm, closed Sun. Lots of parking. Tel. 282 352 563. From Carvoeiro take N125 direction Fortimão, at 2nd (Lagoa) roundabout take 2nd exit. Chill is on left, opposite the Auditorium.

WELL WORTH A VISIT TO ALVOR

QUALITY LEATHER GOODS - Alvor

Grande variedade de artigos em pele. **Delta Sele Leather Goods Shop.** A wonderful large selection of high quality Portuguese leather products. Exquisite handmade purses, bags, travel bags, wallets, belts, briefcases, suitcases etc. **Something to last a lifetime.** Tel. 282 457 175 or 938 252 484. Rua 25 Abril #11, on road to B.C church. GPs: N37°07'46" W8°35'32"

TIALIN, ART da MODA Art of Fashion - Alvor

NOW IN A NEW LOCATION! Unique boutique/design studio. You'll find a fabulous collection of one-off jackets & dresses in a spectacular range of colours. Each is a work of art labelled 'TIALIN original'. Lynn works on the designs in the shop. Order hoodies online: etay.com/eshop/TialinHoodies. Tel. 926 682 836. Check website for latest collections: www.tialin.net
tialinartedamoda New address: 14 Rua Marques de Pombal

ARTE NÁUTICA Restaurante/ Bar - Armação de Pêra 74

Aprecie um fabuloso pôr-do-sol numa praia fantástica. Enjoy a fabulous sunset overlooking the beach. Open lunch & dinner, offering a variety of freshly prepared meat & fish from the grill, as well as typical Portuguese seafood dishes, such as cataplana (fish stew in a special pan), monkfish or seafood rice, penne salad with tuna, vegetarian dishes, snacks, etc. Sinfidul desserts: whipped cream pie, mango mousse, etc. Wonderful wine selection. Tranquil & elegant atmosphere. 10am-10pm. Tel. 282 314 875. GPs: N37 06.025 W8 21.264

VILA VITA BIERGARTEN - PORCHES

Autêntico Jardim da cerveja, com comida da Baviera. **Have a spectacular time at this AUTHENTIC Bavarian Beer Garden.** Genuine food including delicious Bavarian breakfast on weekends, Obatzda, Flammkuchen, cold meats & sausage boards, pork Wiener Schnitzel etc. German Beer & Vila Vita's own house wine, home-made apple strudel & even the famous giant pretzels! **2018 Oktoberfest was a huge success, don't miss it in 2019!** Safe children's playground on site. Perfect for groups. Open everyday 11:30am-10pm. All home-made sausages & meat by master butcher Thomas Weber for sale at the in-house gourmet butcher's shop! Tues. 2-6pm, Wed, Thurs. & Fri. 10am-1pm & 2-6pm, Sat. 10am-1pm. Tel. 282 381 177. GPs: N37.12746° W8.40150°. EN125, by small roundabout, near Porches. Look for sign on roundabout, in front of pottery.

PRAIA DOURADA Beach Restaurant 76

Get carried away with the very first part of the menu: over 15 special, refreshing, Gin drinks to have before your meal! Then settle into this extraordinary cuisine with vibrant flavours & perfect presentation. Offering an eclectic array of dishes: mussels, prawns in aioli sauce, beef tomatoed, home-made burgers, poke bowls, healthy salads, spare ribs, wraps & bites. Very good desserts. Special coffees, shakes & natural juices round out the menu. **The best part, you're on the terrace over looking the beach or inside with an unmatched view of the sparkling sea!** If only they could bottle it, you could take it home! In the summer, enjoy chill-out vibe of sunset DJ parties with your feet in the sand. Tel. 282 310 230.

FERRAGUDO

Everything Tried & Tested by FREEMAPS!

GNR - Police: 282 356 460 Emergency Number: 112

ESCONDIDINHO - The Hideaway 77

BEACH BAR RESTAURANT - Ferragudo

O perfeito escondido na praia! Música ao vivo 3as noites. This secluded beach bar is a favourite haunt for those who live here. For 32yrs, Diane, Rui & now son Mario, keep everyone happy with their delicious favourite spicy prawns, chicken with honey & mustard, avocado salad & wonderful blue cheese dip to accompany the potato wedges, ploughman's with cheese or beef, home-made steak & kidney pie plus lobster or crab (24hr notice). Enjoy live music every Tues, Fri. & Sun. night. Open daily. Special evening menu changing every 2 days. It's almost impossible to leave. Don't forget your camera, great shots. **Safe & perfect for families who love the beach!** Diane: 282 461 037 or 968 314 499. Down steps to Praia Grande beach, right on boardwalk, past playground about 50m.

FUSION 2 INDIAN RESTAURANT & TJ SPORTS BAR 78

Novo em Ferragudo. A servir pratos indianos, pizza e kebabs. Just opened! A lovely, new restaurant in Ferragudo. Their menu includes tandoori specialities, tikka masalas, plus all your favourites. A huge list of fresh pizza, doner kebabs & wraps. Children's menu available. Great value lunch daily special menu €7.50, 12-3pm. Dine in the charming restaurant or outside on the patio. All sports channels on giant screen outside & 3 screens inside. Watch the games with a Guinness! Takeaway. Easy parking. Open midday - 11pm. Tel. 920 088 018 or 920 594 468.

Vs PETISCARIA / TAPAS BAR 79

This new addition to the beautiful fishing village of Ferragudo, is quickly becoming a favourite spot. Known for its traditional Portuguese & international tapas, this vibrant space is where locals & travellers meet. Daily specialities & traditional favourites including flaming chorizo, sautéed squid, fried prawns & veggie options. Great for late afternoon & evening drinks. Live music every weekend. Open 4pm-late. Tel. (+351) 925 325 332.

ZIP & TRIP LOCAL TOURS

The number one local tour guide in town! Discover the Algarve that makes you feel good! Explore secret caves while snorkelling to observe the underwater life! Walk through beaches, villages & forests in Monchique, Alvor, Ferragudo & other traditional Algarvian destinations. Enjoy eco-friendly experiences in a family environment & taste local food. Small groups, transport, photos, picnic & equipment included. Tel. (+351) 929 259 348 or 913 552 958. zipandtripalgarve.com

ZONA J SNACK BAR 81

Um verdadeiro café Português, onde todos são bem-vindos! A real Portuguese cafe; join them for: toasties, salads, omelettes, soups. Even English breakfast! Fantastic cocktails, gin & tonics, mojitos etc. Very reasonable prices. Great terrace overlooking Ferragudo main square. Live music July & Aug, 10pm-12:30am. Open daily 8am-1am.

PETISCOS CAPELA - TAPAS / RESTAURANT 82

A wonderful family run Portuguese restaurant. Traditional small plates of tapas, including octopus salad, sardines, cheese & chorizo boards. Plus a large variety of traditional meals, Iberian black pork steak, fillet & prawn kebabs, fresh daily fish, salads & omelettes. A thoughtful choice of good local wines to complement your meal. **Real Portuguese food by Portuguese people!** Enclosed terrace. Open noon - 3pm, 6-10pm. Tel. 965 743 583 or 282 461 478.

EMERGENCY & HEALTH CARE

PRIVATE HOSPITALS

Hospital Particular aberto ao público. Hospital Particular do Algarve
Todas as principais especialidades
24HR EMERGENCY
LAGOS, ALVOR AND GAMBELAS (Faro)
Clinics in: Vila Real, São Brás, MAR Shopping, Vilamoura and Algarve Shopping
Private Ambulance Service. All calls: 707 282 828.
English speaking doctors & nurses. www.grupohpa.com
Full hospital services, all major specialities. Work directly with most major health insurance companies.

NEWS AGENT Papalaria Reis - Ferragudo 84

Garros, jornais, revistas, palavras cruzadas. Tobacco. (by carton, call for large orders). English & German papers, magazines, crossword etc. 8am-7pm. Tel. 282 461 316.

FUSION SUNSUBIRO - Ferragudo 85

New on the main square, Sunsubiro serves: Tapas, Thai, Sushi, Cocktails, Wine & more. From morning until late, enjoy this fantastic location, as you soak up the sun & atmosphere. Sunsubiro is sunset in Esperanto. More than a name, it's a wonderful experience!

FREEMAP GOLF OFFER

SALGADOS GOLF

Special Golf Offers At Salgados Links 18 Holes Par 72
Driving range, putting green, spacious comfortable restaurant, bar, snacks & large sunny terrace. Lockers, rental clubs & golf shop.
Contact them for special packages & twilight.
Tel. 289 583 030 or 911 032 723 or 925 268 859
Email: info@salgadosgolf.com
Must mention FREEMAPS
GPs: N37.0947 / W8.3276

WELL WORTH A VISIT TO LAGOS/LUZ:

HARMONY EARTH HEALTH FOOD SHOP - Luz

An extraordinary shop. Organic, Fairtrade, Raw, Paleo & Vegan. Vast selection of vitamins, supplements & tinctures. Huge gluten free section. Heavily natural bodycare & essential oils. Organic baby food & snacks. Natural suncreams & mozy repellents! Coconut everything! Oil, flour, milk, water & snacks. Natural pet food & treats. **Biggest health food store in the Algarve! Mon-Fri. 10am-6pm. not closed for lunch! Sat. 10am-1pm.** Tel. 282 788 353. GPs 37°51'5"-8°43'51" HarmonyEarth

GAIVOTA BRANCA Beach Bar/Restaurant - Lagos

Heaven on earth! Spectacular, on an 'untouched' part of Meia Praia beach. Don't miss Sr. Martin's Mediterranean restaurant. Definitely 'One of the best!' beach restaurants in the area. Top quality at reasonable prices. Excellent Portuguese steak, giant prawns, cataplana or just have a snack & coffee. GPs: 37°06'44.82"N 8°39'27.24"W (look for sign) or call for directions. **The whole restaurant opens up to the sea, sea & sand!** Tel. 282 761 466 or 914 588 074. **Fantastic Gaiavota Branca beach watersports activities available!** Also rental service for sunbeds & shades.

ACTION & ADVENTURE

QUINTA DA SAUDADE - Riding Centre

Centro Hípico Quinta da Saudade. Soak up the scenery from horseback in the picturesque Salgados countryside. Everything for beginners to experienced riders. Coach rides, pony rides & riding lessons. Scenic rides among the flamingos or on the sandy Galé beaches! All enjoyable & great fun. Also for weddings & parties. **Bookings** (24hrs. notice advised): José 968 054 013 or Elsa 964 942 929. jncarmo@saop.pt GPs: 37.1067924N 8.3234529W License nº 217/2012. Centro Hípico Quinta da Saudade cavalosquintadasaudade.com

PIRATE SHIP "SANTA BERNARDA" 90

Cruise on the Pirate Ship. Cave visit, coast trip & beach BBQ. 100% pure relaxation, don't miss it! Tickets online, Hotel, harbour or office. Tolle Bootsausflüge mit dem Piratenschiff, Grötenfahrten, Küstenfahrten mit Strand BBQ. Tickets online, im Hotel, am Hafen und im Büro. Rua Justice Falho Nº 2-4, 8500-702 Fortimão. RNAAT165/2010. Tel. (+351) 967 023 840. www.santa-bernarda.com

ALVOR FISHING Aboard 'DONZELA' - Alvor 91

Bottom, Big Game, Jigging or shark fishing. Charters. Tel. 962 397 583 or 968 183 800 www.alvor-fishing-donzela.com Alvorfishingdonzela.donzela.pesca.alvor@gmail.com

TREE TOP ADVENTURE PARK - Lagos

The adventure of a lifetime for everyone! This is really, really fun. Set in a beautiful, wooded countryside area just a few minutes away from Lagos centre. Zip lining, high rope courses, swinging from tree to tree, all the while protected by a safety harness & supervised by instructors. **Ideal for families, friends, stag & hen parties, team building, etc. A great adventure for all!** Tel. (+351) 913 185 782. Adventure locations: Rua Sophia de Mello Breyner Andersen, Meia Praia 8600-295 Lagos - Parque Albufeira - Vila Real de Santo António. parqueaventura.net parqueaventurapt.com

ADVENTURE GOLF ALVOR

18 hole, 'Dinosaur Themed', Adventure Golf Fun challenge for groups & parties of all ages! Adults: €10, children under 12: €6, seniors & students: €8, family pack 2+2: €28. 10% off with Freemaps! Pay to play. Free to Watch! Sit inside or out, enjoy a drink at the bar. Tel. (+351) 282 096 092.
Open 10am-8pm, June, July, August & Sept. 8pm-10pm. AdventureGolfAlvor GPs: 37.128237 - 8.57965. Just outside Alvor, behind the Repsol petrol station, 5mins. by taxi or 10min. walk from centre. *Only 1 discount applies per game.*

SEASIREN TOURS - Kayak & Caves 94

Discover the most gorgeous coastline & caves in Europe. Enjoy unique Kayak & boat tours. Plus snorkelling, paddle & sunset tours. Small or big groups & free transport. Perfect for families & friends. **Pass by Atlantik morning** (see #94 other side) for more information. Tel. (+351) 282 354 486. info@seasirentours.com seasirentours.com

BENAGIL CARVOEIRO CAVES 95

"The sea caves are our home, come home with us!" A wonderful experience, cruising by incredible, untouched beaches & into massive caves, carved out over thousands of years, by the strong tides of the Atlantic. Marvel at the famous Marinha & Benagil cave tours passing through coves & sandy beaches inaccessible on foot. A 'not to be missed' activity for all the family. Find their Ticket Office & their friendly staff on the left hand side of the Carvoeiro Town beach. Open all year round. Tel. (+351) 965 041 785. website: carvoeirocaves.com

FREEMAPS

THE BEST RECOMMENDATIONS

Shops, Restaurants, Bars, Golf & Activities etc.

CARVOEIRO

FERRAGUDO & LAGOA

EASY GO HOLIDAYS

Airport transfers / tickets for Slide & Splash, Zoomarine etc. Tel. (+351) 282 089 375 or 282 081 465

VALE DE MILHO GOLF - CARVOEIRO 71

A Fun Challenge For Everyone
Um Desafio Divertido Para Todos!

Rake Rates
9 holes: €16 - 18 holes: €24
4 or more players 5% discount
8 or more players 10% discount
Juniors (under 14):
9 holes: €12 - 18 holes: €19
Club hire:
9 holes: €8 - 18 holes: €14
Trolleys: €3

reservas@valedemilhogolf.com
Tel. 282 358 502 - GPs: N37° W8.44837°

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Tel. 919 912 246 or 912 231 463 Email: info@freemaps.net

- MONTE CARVOEIRO -
 Junta neste largo romântico, perto do centro da vila
 Dine in the romantic family friendly square. A 5 min. walk, 2 min. drive
 from village. Lots of parking, easy by taxi. **By car follow Red Arrow!** →

Restaurante O SALMÃO - Monte Carvoeiro 1
NOT TO BE MISSED! Peixe fresco, carnes variadas, sobremesas deliciosas.
 NÃO TO BE MISSED! Chef Ed & wife Cristina have served up wonderful, fresh, local produce for over 30yrs. in the Algarve. Combining the best of British & Portuguese cooking. From grilled sardines or prawns in brandy butter to fillets of sea bass with shrimp sauce, chicken piri-piri or tender steaks with beanmase sauce, vegetarian dishes & wonderful daily specials. Always a pleasure to dine indoors or out on the garden terrace. Open from 6pm. Reservations: 282 357 031. Plenty of free parking.

Restaurante STONE STEAK - Monte Carvoeiro 2
 Os melhores bifes na pedra, peixe e camarão. Jantares. Excellent: Stone Fillet, Sirloin Steak, Fish & Prawns. Evenings. Childrens menu. Look for the black & white tables & chairs. Next door to Elliott's Restaurant. Large terrace. AC. Tel. 282 357 730. Ausgezeichnetes Filet & Sirloin Stone Steak, Fisch & Scampi Abends. GPS: 37.098103, -8.473737

ELLIOTT'S RESTAURANT - Monte Carvoeiro 3
 Uma mistura de sabores para o servir. Corky Elliott (cooking for over 30yrs, trained in London, originally from Guernsey) & Kelly Elliott (training to follow in her dad's footsteps) live to make the family business a favourite in Monte Carvoeiro. Customers often say "wish we'd found you sooner". Enjoy: crispy fish 'n' chips, fish, seafood, pastas, national fillet steaks, pork, chicken, vegetarian dishes & gluten free options, traditional Portuguese dishes, & home-made desserts. Dine inside on beautifully hand painted tiled tables or on the terrace over looking fountain. Safe outdoor environment for children. Call to avoid disappointment. Tel. 967 927 494. Open 6:15pm-late. Plenty of free parking! Cash machine on site. See Trip Advisor for reviews!

KIOSK AZUL Blue Kiosk 4
 Desde jornais, capuccino, até bebidas frescas, este quiosque tem de tudo! From your morning fix of the 'papers', to steamy cappuccino or cool drinks, Kiosk Azul has it all. Fresh bread & muffins, magazines, newspapers, souvenirs, real hand made sheep skin slippers up to size 45. Algarvian & regional tasting products i.e. sardines, honey etc. Free WIFI for customers. Open air terrace. If Kiosk Azul doesn't have it, you don't need it this morning! Open from 9:30am

MONTE MAR Restaurant / Tapas Bar 5
 With 30yrs. experience, Chef Antonio & wife Clementina, have brought their delectable cuisine & friendliness from the north of Portugal to the Monte Carvoeiro area. Wonderful cooked specialties include: prawn risotto, chicken or fish curry & the famous pork or prawn cassoulet, filet mignon etc. Delicious home-made desserts, children's menu & vegetarian options. Plus a wonderful selection of tapas. Sit in the lovely dining room with a separate bar or on the 2 sunny terraces. Great for families. Kitchen serves 1pm-late. Plenty of free, easy, parking. Tel. 912 622 555.

visit: freemaps.net Freemaps Algarve

PARADISE INDIAN RESTAURANT 7
 Extremely welcoming & great tasting food! Chef & owner both from the North of India. If you like spicy this is the place to eat, near the sea Great value lunch menu. Plus Indian Tandoori Restaurant chicken chilli, prawn hungara, tandoori etc. "The Best Naan bread I have ever tasted". Open lunch & evening. Takeaway. Home delivery. Tel. 282 358 759 or 920 385 750. Paradise-indian-restaurant-in-carvoeiro Just before pharmacy on Carvoeiro 'In' road.

LIGHTHOUSE Grill & Bar 8
 Fabulous Mediterranean style Restaurant, Lounge Bar & Terrace. Portuguese & International menu cataplana, fresh grilled fish, rack of lamb & succulent fillet steaks etc. Weekly BBQ. Panoramic sea views with perfect seating, ideal for a wonderful dinner or sundown cocktails. Plasma screens showing sporting events + free WIFI for customers. Live music nights. Open from 12pm for lunch & evening meals. Ideal for weddings, special occasions & events. Tel. 282 354 469. thelighthousegrillandbar.com Clube Golfmar. Alfanzina. Ample parking. GPS: 37°05'37.67"N 8°26'38.02"W

RESTAURANTE VILA NOVA 9
 Alberto todo o dia. Desde de 1993 a servir comida tradicional Portuguesa e Internacional. Excelente vinhos. Since 1993 serving great typical traditional & International food. Exotic dishes: salmon with honey, spare ribs, duck breast with forest fruit sauce, grilled fresh fish, African style giant tiger prawns. Excellent wine selection. Lovely large terrace. Open all day, 11am-midnight, closed Sun. Bookings 282 356 011. Gute traditionelle, portugiesische Gerichte zu günstigen Preisen.

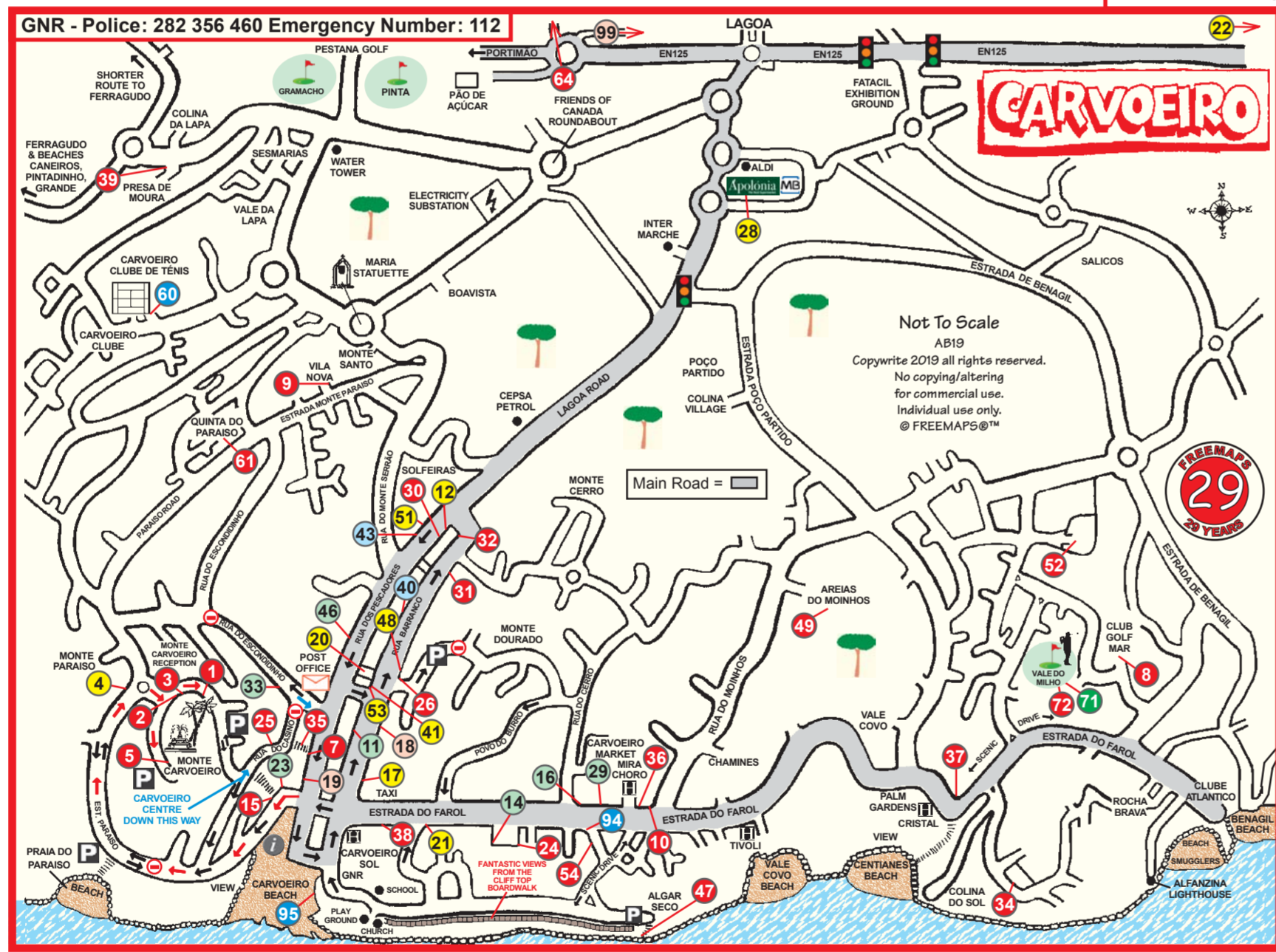
VIMAR RESTAURANT & BAR 10
 Restaurante tradicional português. Esplanada. João's is very popular for his wonderful lunch specials: set menu, choice 10+ dishes 3 courses €10, also omelettes, sandwiches & salads. Evening menu €14pp. Portuguese & International food. Dinner specialties: cataplana, chicken breast w/mango, monkfish rice w/ prawns & sucking pig etc. Specials bacalhau a Portuguesa, monkfish kebabs, chicken piri-piri & pork fillet with figs. Regional dishes by reservation. Enclosed childrens play area at back. Open 12pm. Bar open all day. Free Wifi for clients. Live music Sun. Tel. John 282 358 322 or 926 555 527. Opposite Algar Seco turning. GPS: 37.095421, -8.463894

BAR IMPREVISTO 11
 Alberto todo o dia com uma ampla e agradável esplanada One of the BEST cafe/bars to watch ALL SPORTS: BT Sport, SKY Sports, Sport TV & Eurosport, Football, rugby, cricket, golf etc. On the huge terrace, perfect for people watching! Open ALL DAY. Snacks, cocktails, milkshakes & selection of beers, incl. draught Guinness! Great music selection & friendly staff! FREE WIFI for clients.

Algarve Book Cellar Book Exchange 12
 Livros ingleses em Segunda mão. Huge selection: English, German & Dutch, inc. some children's titles to suit most tastes. Refunds on return. Tue.-Fri. 9:30Am-5pm, Sat. 9:30Am-2pm. DVDs, CDs, Audio Books & Cards. Get all 8 Freemaps here! Tel. 282 354 310. Raymond.Compton@gmail.com

DOOR 19 14
 Mungo's Exploração Bars Proudly Presents Door 19. Serving a large choice of meals & tapas throughout the day. All day English breakfast, dish of the day, toasties, snacks etc. Fantastic list of delicious tapas. NEW BRATWURST! Plus fabulous marinated olives & carrots, sweet potato fries or combos & hamburgers to devour while you watch sports on the huge 86" TV! Enjoy smoothies, milkshakes, popular cocktails & special coffees on the large terrace & comfortable inside. A cool place to be! Open all day 9am-late.

DON CARVOEIRO - Life & Food Restaurant 15
 A fabulous view overlooking the Atlantic Ocean. Wonderful menu includes influences from the four corners of the continent, plus authentic Portuguese food & flavours, all made from fresh regional produce. Charcoal grilled BBQ, chicken piri-piri, local fresh fish & seafood, delicious home-made pizzas etc. All at very reasonable prices. At Don Carvoeiro enjoy an incredible meal, with breathtaking views from 2 rooftop terraces, making this an unforgettable experience! Open daily 12pm-late, serving food all day. Reservations: 282 357 830. Restaurante Don Carvoeiro



GLAMOUR Gentlemen's Club 16
 The original Strip Club in this region. A relaxing atmosphere, anyone feels comfortable. Have your favourite drink among the hottest exotic dancers. Unparalleled service & fair prices. Whether coming alone, with clients, a group of guys, or girlfriends: Glamour Gentlemen's Club prides itself on treating everyone like a VIP. Your enjoyment is their focus. Open Mon-Sat. 10pm-4am.

BOM DIA SUPERMARKET 17
 Alberto todos os dias até tarde. Established 32 years, Family run. All the essentials you need for your holiday, right in Carvoeiro centre. Good selection of national & international products. Fresh daily bread, cakes, fruit, vegetables, selection of meat, dried fruits, candies, fresh milk plus much more! Wheel chair & baby carrier friendly. Open daily till late.

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EASYGO HOLIDAYS - Travel Agency 18 19
 Todas as informações para viajar! www.easygo-holidays.pt Tel. (+351) Carvoeiro 282 081 465, Lagoa (99) 282 089 375 Cristina & Anabela: answer your holiday questions in English! AIRPORT TRANSFERS. Great rates: mini bus hire for golf or family tourist Car hire. All excursions! Slide & Splash, Zoomarine & all ticket entrance with DISCOUNTS. Accommodation: Hotels, apartments & villa bookings. Holiday packages. Plus all other tourism services. Friendly, honest reliable, personal service. Carvoeiro GPS: 37°5'53" - 8°28'13" mail@easygo-holidays.pt bookings@jstravel-algarve.com Get all 8 Freemaps from Easy Go #18. Book your holiday with Easygo & get entered into a draw to win a holiday for 2!

PRAÇA VELHA - Old Market 20
 Fabulous 'Old Market' display in a rainbow of colours. Excellent buys, traditional hand painted Portuguese ceramics from all regions. Beautiful range of colours & designs. Huge selection of plates, mugs, vases, tiles, lanterns, number plates etc. Great Souvenirs. Both shops stock Algarve regional products: medronho, flor de sal, patés etc. Don't miss their second shop: Praça Velha 2: Everything you need for the beach, towels, inflatables etc. Ceramics, purses, bags & belts. Perfect unique gifts. Very reasonable prices. apracavelha 21

PORCHES POTTERY Since 1968 - Porches 22
 Celebrating 50 years! One of the best places for that small or large gift, well worth a visit! Established by renowned Irish artist Patrick Swift. Visit this famous pottery & watch the exclusive 'free flowing, Majolica' hand painting technique. These floral pattern ceramics are exported to collectors worldwide. Enjoy the wonderful ambience of the gardens & log burning fire with a drink or delicious light lunch in the adjoining Bar Bacchus Cafe. Mon - Fri. 9-6, Sat. 10-2. Bar Bacchus open 10-5, closed Sun. Tel. 282 352 858. www.porchespottery.com From Carvoeiro take 125 direction Albufeira (east) 3.2km from Lagoa. Fast traffic lights at International school. Porches Pottery is the first pottery on your right. Look for large parking & huge palm tree & 1968 on wall. Make sure you are in the original Porches Pottery!

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MA-JA's RESTAURANT 25
 Comida caseira, absolutamente fantástica. The one away from the others! The food is simply incredible! All home-made & freshly prepared. Enjoy the perfect Sunday Roast for only €10! Sharing Platters, Tapas, Salada. Country Pub Classics: Deep filled Pies, Steaks, Scampi/Fish & Chips + more. Dishes from around the world: Mexican Fajitas, Pastas, Nachos, Paella, Singapore Noodles, Thai Curry, Vegetarian + more. Delicious Desserts. Children welcome. Well worth the short walk from the Post Office! Open from 5pm (midday on Sun.), closed Mon. & Tues. Tel. 912 684 052.

A VELA RESTAURANT 26
 Located on a privileged corner with plenty of charm. The sea theme predominates both on the menu & in the decor. Famous cataplana & octopus do the honours, plus international cuisine such as filets of sole with shrimp & leek sauce. For meat lovers, taste the steak or mixed meat kebab on stone or indulge in the exotic flavours of the duck breast basted with mango sauce. Everything made with freshly selected produce. Personalized, friendly service by the charismatic Antonia. An irresistible array of desserts. Orange tiramisu is definitely the happy ending of your meeting with this restaurant. "Receiving you with open arms & making you feel good is what they do best". Piano nights. For events contact: 282 084 177 or 969 607 116. restaurante.avela

visit: freemaps.net Freemaps Algarve Get all 8 Freemaps from Easy Go #18

Apolónia APOLÓNIA SUPERMARKET 28
 For familiar, 'feel-good' brands, Apolónia is the place to shop! It's easy for you to recreate that 'home-from-home' feeling. Whether you've just landed or you live here, no need to miss your favourite home comforts! For home deliveries, please call: (+351) 707 201 261 For all your groceries you can rely on Apolónia.

6 GIN PALACE & MEZZE LOUNGE 29
 Chilled out, family run, bar/restaurant. Over 150 different gin mixes! Custom built cocktails or traditional cocktails made by their Top Mixologists. Wines & champagne from local regions. All to enjoy with tapas menu. Vegan & vegetarian plus every Fri. Fish 'n' Chips. Open every day from midday - 2am. Tel. 282 354 190. carvoeirosix

GALO D' OURO TAKEAWAY 30
 Ricardo's famous chicken piri-piri. Changing traditional daily dishes. Spare ribs, daily dishes, fresh salads etc. Also Portuguese & African specialties. Black sucking pig on Sun. Lunch or dinner takeaway. Open Mon-Sun. noon-2:30pm & 6-10pm. Caters for large groups. Tel. 282 357 398 or 962 946 281.

DÖNER KEBAB & Pizza 31
 Specializing in kebabs: in pita bread or on a plate, Turkish pizza, falafels, dinim, grilled meat, lamb & spakids. Terrace dining area. Very reasonable prices. Feed the whole family for less. Everything you want in a quick & satisfying meal. Save cooking & the washing up. Open 10am-midnight. Takeaway. Tel. 282 356 180 or 968 281 310. donerkebabcarvoeiro

FREEMAPS COLOUR KEY
 Restaurant: 1 Beauty / Health: 1 Golf: 1
 Bar*: 1 Shop: 1 Service: 1 Activity: 1
 *Many featured Bars also serve excellent food.

TASTE RESTAURANTE - Enjoy it all! 32
 New Location! New Location! Nicola, Ciprian & their team moved their well known restaurant to the very end of Carvoeiro's out road (next to Motoretto). The new premises has a spacious, beautiful, dining room & separate bar area, to enjoy their delicious & innovative cocktails. The tasty menu includes a wide choice of tapas dishes like dates wrapped in bacon filled with goats cheese. Wonderful main courses include fresh filleted fish, excellent steak & vegetarian options. All complemented by a great Portuguese wine choice & home-made desserts. Open 8pm, closed Tues. Thurs. night Live Music. Saturday Steak Night! Reservations Ciprian (+351) 969 577 644 or book online: tastecarvoeiro.com

JAILHOUSE NOSTALGIC MUSIC BAR 33
 Live Music Bar. Roll back the years with classic tunes & great hospitality. Open from 2pm. Sundays live music in the beer garden 4-7pm. Established over 28yrs. Situated just up the hill from the Post Office.

HELDER'S Restaurant & Bar 34
 Dine at Helder's in his beautiful inside dining area. Chicken piri-piri, grilled fresh fish, meats, kebabs, pasta dishes etc. Serving breakfast & lunch menu (choice of fish or meat). Snacks & drinks all day. Everyone loves relaxing on the large sunny terrace. Families welcome. Free WiFi, Sky & Sports TV. Open daily 9:30am-midnight, dinner until 10:30pm. Tel. 282 084 628. On back road between Rocha Brava & Centianes beach. heldertropical

A FONTE RESTAURANTE 35
 Restaurante familiar. Comida Típica Portuguesa. José & wife Olga serve family style: BBQ chicken, sardines & fresh grilled fish, lamb chops, cataplana for 2, monkfish rice for 2. Large Terrace & indoor restaurant. Very popular with Portuguese & local residents. Very reasonable prices. Book to ensure table. Open daily 12-2:30 & 6-10:30.

MARISQUEIRA 36
 Restaurante simpático local 1983. Absolutely great, very real, friendly, local place! Since 1983, Victor, & family serve very fresh fish, shellfish, lamb chops, chicken piri-piri etc. all charcoal BBQ'd outside. YUM! Locals love them. Eat inside or on terrace. Very reasonable prices. Fav left like this! Open lunch & dinner; closed Sun. marisqueira.carvoeiro marisqueira_praiadocarvoeiro

LA MONA LISA ITALIAN RESTAURANT 37
 Nothing better than Italian restaurant food cooked by real Italians. All pizzas have the divine crisp crust, with your choice of toppings. Also a full menu including fresh weekly specials, using seasonal vegetables sourced from the local markets. 100% Purified water making for sumptuous cooking. Antoino is a world pizza champion, as all Italians, he loves his food & you will too! Open: May - Sept, lunch & dinner; closed Sun. from Oct. dinner only. No cards accepted. Tel. 282 358 724. Go up restaurant hill, continue past Hotel Tivoli, La Mona Lisa is on your left.

O ALBATROZ RESTAURANT 38
 Don't miss O Albatroz, a beautiful NEW restaurant, in central Carvoeiro. Sample Portuguese cuisine & wines in a unforgettable setting. Enjoy delicious prawn curry, ribeye, Chateaubriand & mixed seafood plate & the speciality Picanha Brazilian beef. Wonderful vegetable cataplana & vegetables à Brás. A perfect place to dine. On the 2nd floor, with a lovely terrace. Kitchen open 3-10pm, closed Tues. Tel. Leia (+351) 282 357 090.

HEXAGONE RESTAURANT - Sesmarias 39
 Cozinha Mediterrânea com o toque criativo do Chef Gilberto Goto. Contemporary Mediterranean cuisine with a creative touch! Chef Gilberto believes "food should be simple, original & healthy". He loves developing new ideas. Using the freshest ingredients, creating dishes that are visually appealing & filled with flavour. His priority is to please his clients. Watch the chef in action in the open kitchen. Enjoy drinks & a wonderful selection of unique tapas in the bar or terrace. Wine lovers will appreciate the large wine cellar. Elegant & spacious with panoramic windows, cosy lounge bar. Terrace perfect for dining on warm evenings. Open lunch & dinner; closed Sun. Bookings Tel. 282 342 485 or 917 889 344 www.restauranthexagone.com

QUEENS HAIR & NAIL SALON 40
 Treat yourself to beauty while on holiday! Ladies & gentle haircut & blow dry. Hair colour & hair extensions, using Schwarzkopf products. Manicure, pedicure, gel extensions, shellac, eyebrow waxing & colour, eyelash extensions etc. All at reasonable prices. You will leave this salon with a sparkle! Open Mon-Sat. 9:30am-7:30pm. Tel. (+351) 920 414 009 or 964 602 535. queenssaloncarvoeiro queenssaloncarvoeiro Look for purple sign, opposite Pashmina Indian. GPS: 37.099165, -8.469854

DECADENT BAR & GIFT SHOP 41
 Degustação / Tasting: The traditional native flavours of wine, canned sardines, honey, sweets & delicious gourmet coffee. Perfect gifts to take home, a memory of your fantastic holiday. Take back the intense flavours of the Algarve with you!

ATLANTIK MORNING 44
 Visit them & save money on all your water park tickets & local transport service, to the best attractions & destinations in the Algarve. Experience low-cost 24/7 private golf & airport transfers. Plus, boat tours, kayaking, dolphin watching, cultural tours, Jeep safaris & much, much more. Tel. (+351) 282 354 486 or 964 254 850. info@atlantikmorning.com Pass by their office for more information: Estrada Do Farol N°76, 8400-505 Carvoeiro

PURE SENSATIONS 43
 Pure Sensations creates harmony in your body with the help of the traditional Thai massage. Be whisked away to the 'Zen Zone' & pamper yourself with Thai, Swedish, Sports, Ayurvedic & Relaxing Massages. Plus a Professional Physiotherapist aims to reduce your pain & restore your natural body movements (physiotherapist by appointment). Also available Nail & Beauty bar. Tel. 282 354 403. puresensationsalgarve.com

CHEERS Wine & Cocktail Bar 46
 Authentic hand shaken cocktails. Fort with taste. Champagne by the glass. Portuguese quality tapas. Selected Portuguese wine, also try their organic wine. The bar to go to chat. Neu + Portweinprobe Klassische cocktails, ausgewählte portugiesische Weine und regionale Tapas. Probieren Sie auch unsere Bio Weine cheerscarvoeiro Tel. 936 212 775.

BONECA BAR & RESTAURANT 47
 Uma das mais espetaculares vistas do Algarve, cravado numa falésia sobre o oceano. One of the #1 beautiful, spectacular viewpoints in Algarve. You simply must have a drink or meal in this most photographed bar, perched on the cliff over the ocean. Take steps further down to right & get a photo of the spectacular blowhole! Then spoil yourself with lunch or dinner. Originally owned by Carla & Jorge's grandparents (1969). Specialties: supremely delicious fish soup, chicken piri piri, absolutely fresh fish, salada, grilled prawns etc. Carla says "We serve here, as we eat at home", you're in for a real treat. The ultimate de-stress, only the gentle sea breezes to listen to. Tel. 282 358 391. Open 10am-midnight. Follow signs to Algar Seco, don't go into the development/reception. Parking at end of road. GPS: N37°05'34" W8°27'56"

OLYMPIA CLOTHING & ACCESSORIES 48
 Boutique para senhoras (até nº 58), senhores, adolescentes e crianças. Your one stop shop for women (to size 52), men, teens & kids' clothing. Everything very affordable & very fashionable. Hot new accessories! Boots, belts, bags, necklaces, scarves. Great discounts on sale items at back of store. Open 10am-2pm & 3-7pm, closed Sat. after 3pm & all Sun.

PONTO DE ENCONTRO RESTAURANT 49
 Paulo runs this lovely, typical, friendly, Portuguese restaurant. Extremely popular: known as one of the 'Best Value For Money' restaurants in Carvoeiro. Great price, lunch time only, 12-3pm, 3 course menu: bread! soup/fresh fish, home-made dessert & coffee from €12. Dinner à la carte menu. Open noon-10:30pm (July - Sept. noon-11pm). Specialties include: delicious stroganoff or shrimp curry, stone steaks, various kebabs etc. Most served with fresh vegetables. Saturday night Live music. Book for groups: Tel. 282 359 237. clair-santos@hotmail.com Easy parking. Gute traditionelle portugiesische Gerichte, günstigen Preisen

FAVOURITE TRANSFERS 50
 Prompt & reliable professional service, available day or night. Direct pick-up, airport transfers to & from any location in the Algarve. No job too small. Get your holiday off to a relaxing start. Book Favourite Transfers today. Tel. (+351) 910 361 992 or 924 001 831. Email: book@favouritearmvetransfers.com Website: favouritearmvetransfers.com Best price guarantee! Favourite Arrive Transfers

CARVOEIRO GOLF SHOP 51
 Aluguer e venda de Clubs, Troleys & acessórios. Shopping here is a golf experience. UNBEATABLE DEALS: Custom made clubs for a fraction of what you would pay elsewhere. Excellent repairs, repairs, reshafte etc. Full range of accessories. Friendly help from new owner. Rental clubs, trolleys & electric trolleys. Main repair & maintenance POWER BUG trolley centre, sponsored by Boston Golf. Fantastic prices Footjoy, Taylormade, Srixon, Cleveland x10. Cheapest Green fees in the Algarve. Tel. 282 354 061 or 916 513 275. carvoeiro-golf-shop.com littoral.golfshop@hotmail.com

VALE DE MILHO RESTAURANTE 52
 Casa do campo discreta, charros, belas paisagens e parque p/ crianças. Jardins. Excelente gastronomia. Secluded country villa, with lovely views, beautiful terraces, very good food, kids' playground, gardens & parking. Makes a great evening out. 5 mins. from town. Ideal place for parties, food cooked on the wood oven to order. Open 11am-midnight. Live Music every Thurs. (in high season). Tel. 282 358 137. valermilhoestaurante Abgelegene Villa auf dem Land, herrlicher Ausblick, schöne Terrassen, ausgezeichnete Speisen, Kinderspielplatz, Gärten. TukTuk in Restaurant Vale De Milho: Tel. 969 623 816. algarktours.com

THE GRAND GUEST HOUSE 53
 The Grand Guest house, a marvellous building with more than 100yrs of history. After major renovations, the doors have reopened to offer tranquility in a relaxed atmosphere. Five tastefully decorated, double rooms, with private bathrooms, in the centre of Carvoeiro. A 2 minute walk from everything: the beach, restaurants, shops & supermarkets. The Grand Guest House, a true gem, a perfect holiday base in Carvoeiro Tel. (+351) 917 107 815.

GURKHA KITCHEN - Nepalese & Indian Cuisine 54
 Family run by Robin & his father Shreeram Maharjan the chef, who worked for the Saudi Royal family. So you know it's better than good! Wonderful starters, chhewla wochina, momo, tandoori & vegetarian dishes. Special: shepra lamb curry, Himalayan chancham plus all our delicious classic Indian dishes. A cuisine of tantalizing fresh flavours that allows you to indulge in a memorable feast. Open 5-11pm. Tel. 282 185 776 or 920 169 028.